





MANUEL ANTONIO, COSTA RICA

LOCATED @ ALMA VIDA HOTEL

@PURAFEST





MARCH

3

## Wellness & Workshops

OPENING GATHERING MEDITATION CIRCLE: 4:44PM NETWORKING & DINNER 6-8PM | SKYBAR 8-11PM

MARCH

4

## Wellness & Beach Experience

WELLNESS CLASSES & WORKSHOPS: 8AM, 9:30AM & 11AM | LUNCH BREAK: 12-2PM BEACH DAY W/BLUE MUD CLAY: 2-6PM | DINNER 6-8PM | SKYBAR 8-11PM

**MARCH** 

**5** 

### Wellness & Workshops

WELLNESS CLASSES: 8AM, 9:30AM & 11AM | LUNCH BREAK: 12-2PM WORKSHOPS: 2PM, 3:30PM & 5PM | DINNER 6-8PM | SKYBAR 8-11PM



**MARCH** 

## 6

#### **Wellness & National Park**

WELLNESS CLASSES & WORKSHOPS: 8AM, 9:30AM & 11AM | LUNCH BREAK: 11AM-1PM NATIONAL PARK: 1-4PM | DINNER 6-8PM | EVENING MUSIC @ SKYBAR: 8-10PM

MARCH

### Wellness & Workshops

7

WELLNESS CLASSES: 8AM, 9:30AM & 11AM | LUNCH BREAK: 12-2PM WORKSHOPS: 2PM, 3:15PM & 4:30PM | DINNER 6-8PM | NIGHT PARTY @ 8PM

**MARCH** 

### Wellness & Waterfall + Party

8

WELLNESS CLASSES: 8AM, 9:30AM & 11AM | LUNCH BREAK: 11AM-1PM NAUYACA WATERFALL ADVENTURE: 2-5PM | DINNER 6-8PM @ FUEGO BREWERY OFFICIAL AFTER PARTY @ FUEGO BREWERY: 8PM-LATE

**MARCH** 

9

## **Pool & Relax + Networking**

MORNING NETWORKING & POOL VIBES | LUNCH BREAK: 12-2PM CLOSING GATHERING ON THE BEACH + SUNSET: 2-6PM



MANUEL ANTONIO, COSTA RICA

LOCATED @ ALMA VIDA HOTEL

@PURAFEST



MONDAY | MARCH 3RD | 2025

TIME	EXPERIENCE INFO
4:44PM	OPENING CIRCLE MEDITATION
6PM-8PM	GROUP DINNER GATHERING
8PM-IIPM	ROOFTOP 'SKY BAR' LOUNGE





## TUESDAY | MARCH 4TH | 2025

TIME	EXPERIENCE INFO
8AM-9AM	YOGA CLASS & WORKSHOP
9:30-10:30AM	YOGA CLASS & WORKSHOP
IIAM-NOON	ACRO YOGA & BREATHWORK
NOON-2PM	LUNCH BREAK @ ROOTS
2PM-6PM	AUATAR BEACH DAY
6РМ-8РМ	DINNER TIME
8PM-IIPM	ROOFTOP 'SKY BAR' LOUNGE



VIDA BLUE CLAY SPA DAY & 'AVATAR' EXPERIENCE NOT INCLUDED





## WEDNESDAY | MARCH 5TH | 2025

TIME	EXPERIENCE INFO
8AM-9AM	YOGA CLASS
9:30-10:30AM	YOGA CLASS
IIAM-NOON	ACRO YOGA CLASS
NOON-2PM	LUNCH BREAK @ ROOTS
2PM-6PM	BREATHWORK
3:30-4:30PM	WORKSHOP
5PM-6PM	SOUND HEALING
6PM-8PM	DINNER TIME
8PM-IIPM	SALSA DANCING @ SKYBAR





THURSDAY | MARCH 6TH | 2025

TIME	EXPERIENCE INFO
8AM-9AM	YOGA CLASS & WORKSHOP
9:30-10:30AM	YOGA CLASS & WORKSHOP
IIAM-NOON	ACRO YOGA & BREATHWORK
IIAM-IPM	LUNCH BREAK @ ROOTS
IPM-4PM	NATIONAL PARK ADVENTURE
4РМ-6РМ	POOL & SUNSET VIBES
6PM-8PM	DINNER TIME
8PM-IIPM	ROOFTOP 'SKY BAR' LOUNGE

TRANSPORTATION AND NATIONAL PARK ENTRANCE TICKET NOT INCLUDED





FRIDAY | MARCH 7TH | 2025

TIME	EXPERIENCE INFO
8AM-9AM	YOGA CLASS
9:30-10:30AM	YOGA CLASS
IIAM-NOON	ACRO YOGA CLASS
NOON-2PM	LUNCH BREAK @ ROOTS
2PM-6PM	BREATHWORK
3:30-4:30PM	WORKSHOP
5PM-6PM	SOUND HEALING
6РМ-8РМ	DINNER TIME
8PM-IIPM	DJ PARTY





SATURDAY | MARCH 8TH | 2025

TIME	EXPERIENCE INFO
8AM-9AM	YOGA CLASS & WORKSHOP
9:30-10:30AM	YOGA CLASS & WORKSHOP
IIAM-NOON	ACRO YOGA & BREATHWORK
IIAM-IPM	LUNCH BREAK @ ROOTS
2PM-5PM	NAUYACA WATERFALL ADVENTURE
5PM-6PM	BREAK & GET READY
6РМ-8РМ	DINNER TIME @ FUEGO BREWERY
8PM-LATE	AFTER PARTY @ FUEGO BREWERY

<sup>\*</sup>TRANSPORTATION & TICKETS TO WATERFALL NOT INCLUDED



<sup>\*</sup>ENTRANCE TO AFTER PARTY IS INCLUDED

<sup>\*</sup>LUNCH AND DINNER NOT INCLUDED



SUNDAY | MARCH 9TH | 2025

T	IME	CLASS INFO			
9AM-N	NOON	POOL VIBES & NETWORKING		NG	
NOON-	-2PM	LUNCH TIME @ ROOTS			
3PM-3	3:33	CLOSING MEDITATION @ BEACH		асн	
3:33-6	<b>РМ</b>	BEACH VIBES & SUNSET		г	





# THE AFTER

MARCH 8TH 8PM

AT FUEGO BREWERY FREE ENTRY

TBA SPECIAL GUEST LA VIRGEN





